USS Enterprise (CVN 65) ESI Sunday, August 22, 2010

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weekly in port by the USS Enterprise (CVN 65) Media Department, FPO AE 09543-2810. This newspaper is an authorized publication for members of the Department of Defense. Contents are not neces sarily the official views of the U.S. Government. The Bia E Shuttle reserves the right to edit submissions. Direct inputs and comments to MC1(SW/AW) Barry Abbott at Abbottbd@cvn65.navy.mil.

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The Shuttle

Education Points for Advancement Exams Education points for advancement exams do not appear on worksheets. These points are not award points. As long as the degree is in the member's SMART Transcript, they will receive credit for the degree. It is two points for an accredited associate's degree and four points for an accredited baccalaureate degree. The original transcripts must be mailed from the school to the (new) Virtual Education Center, no later than the first of the month in which the advancement exam occurs. These can not be hand carried. The mailing address is: Commanding Officer **Center for Personal and Professional Development Attn: Virtual Education Center** 1905 Regulus Avenue, Ste 234

Virginia Beach, VA 23461-2009



August 23

Dominoes Tournament on the aft mess decks at 8:30 p.m.

### August 24

PS3 FIFA World Cup 2010 on the aft mess decks at 8:30 p.m.

### August 25

Ping-Pong on the aft mess decks at 8:30 p.m.

### **Underway Channels**

Training/Informational Scroll 31 History SITE TV-Drama/Suspense/Thriller 32 USA 33 FX SITE TV-Comedy/Romance **34 TNT** 8 SITE TV-Action / Adventure 35 A&E 12 ILARTS (PLAT) **16** GBS 36 AMC 37 TLC 22 Fox News 38 IFC 23 Headline News 24 Military 39 SYFY **40 BIO** 25 NFL 41 E! 26 National Geographic 27 MTV 42 ABC East 43 NBC East 28 ESPN 29 VH1 44 CBS East 30 SPIKE 45 FOX East

In order to accommodate all watch schedules, SITE TV will play movies from 9 a.m. until 7 p.m. and then repeat the schedule from 7 p.m. to 5 a.m.

Ship's store will be closed Tuesday, Aug. 24, for monthly inventory and will reopen Thursday, Aug. 26. The vending machines will be turned off on Wednesday, Aug. 25, and will be turned back on upon completion of inventory. For any questions or concerns please contact S-3 at J-7559.

PROFESSIONAL MILITARY KNOWLEDGE (PMK) TRAINING We are here to help you prepare for your September advancement exam. PMK training sessions are conducted Monday - Friday at 1 p.m. on the forward mess decks until Sept. 12. When events or drill conflict with the training session the training will be rescheduled for 7 p.m. that same day. For questions or concerns, please contact ET1 Schwartz or PS1 C. Brown via e-mail or J-6560/J-7095.

Nightly ESWS training will be held in the Foc'sle, Monday -Friday at 6 p.m. Boards will be held on Fridays in lieu of training as necessary.







# Navy helos provide aid to Pakistani flood victims

#### By Ian Graham

Defense Media Activity

WASHINGTON (NNS) -- Members of the Navy's Helicopter Mine Countermeasures Squadron (HM) 15 Detachment 2 spoke on a DoDLive blogger's roundtable Aug. 19 to explain the ins and outs of their mission.

As flooding continues to plague Pakistan, the U.S. Navy is providing helicopters from HM-15 Detachment 2 in Bahrain to carry supplies into the Swat Valley.

To date, the United States has pledged to provide approximately \$76 million in assistance to flood-affected populations in Pakistan. There currently are 22 U.S. military and civilian aircraft in Pakistan in support of flood relief operations. U.S. helicopters have evacuated more than 5,000 people and delivered more than 500,000 pounds of relief supplies. In addition, U.S. military cargo aircraft based in Afghanistan have transported more than 268,000 pounds of international aid from the Pakistan Air Force's Central Flood Relief Cell in Rawalpindi, Pakistan, to other locations throughout the country.

In the past five days, HM-15 and their MH-53E "Sea Dragon" aircraft have been able to evacuate more than 1,600 people and deliver more than 271,000 pounds of food and other relief supplies. The unit has been at Ghazi Air Base for a week, but rain and cloud cover limited their ability to get to the people in Swat.

Lt. Sean Snyder, one of HM-15's pilots, said the high altitudes have been difficult to get accustomed to. The aircraft responds differently to thinner air at higher altitudes, so controlling the helicopter under a full load has been harder than it would be regularly.

"It's been a challenge getting the mission done every day," said Snyder. "Had it been a sea-level situation, we probably could have doubled [the amount of evacuations and deliveries]."

Although Snyder and Navy Air Crewman 2nd Class Kevin Strickhouser, a part of Snyder's crew, only operate in one area, they said it's been apparent as they fly over the country how widespread the damage is. The fact that the United Nations is pressing for more aid and more organizations are rallying to help the country is heartening, said Snyder and Strickhouser.

HM-15 is doing fine moving things but any more help would be appreciated, because Swat is only a small part of the problem, said Strickhouser.

"Anything anybody can send won't be enough to stop the suffering that people are going through right now; I don't think that there's anything that can be done [to fix things right away]," said Snyder. "The more they can provide, so the assets can be spread out to help the whole country, would be very useful."

Snyder, his crew and the other MH-53E crew from HM-15, have all been working tirelessly to carry food to people and get as many people out of harm's way as possible.

Usually about five trips to and from the valley can be made daily by each aircraft, Snyder said.

And though concerns have been raised that the Taliban in the Swat Valley may somehow be using the flood to their advantage, either by helping people as a recruitment tool or planning to attack U.S. equipment, the two have seen nothing firsthand to indicate a problem.

"Other than what we're taking in and

what the Pakistani government is providing, I haven't seen any other groups doing any assistance," Snyder said, adding that he's seen nothing of the Taliban firsthand or anecdotally. "People from the World Food Program are here, but I haven't seen anything else."

Strickhouser added that there has been little disruption of any kind to missions beyond the bad weather on their arrival. The Pakistani Army is providing security and has landing zones prepared for U.S. aircraft, and generally the people waiting for aid have been orderly outside the established landing perimeter.

"We're only there for a short period of time before they take off, so they don't see a lot on the ground throughout the day," said Strickhouser. "But there haven't been any problems. The only people who approach the aircraft are there to get the food we're bringing, and they take it to the others outside our perimeter."

Whether the United States will provide more aid, or ask the crews at Ghazi to expand their reach, is yet to be determined. Snyder said the U.S. State Department, the U.S. Agency for International Development and a collection of non-government organizations are in Pakistan trying to help nationwide. Ultimately, it's a decision their leadership needs to make if asked by Pakistani leadership, said Snyder and Strickhouser.

"The Pakistani government determines where they need U.S. aid, and then the United States decides if they're able to help there with the equipment they have," Strickhouser said.

For more news, visit www.navy.mil.

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## service with a smile: T









## serves it up

A photo story by MCSA Jared M. King Enterprise Public Affairs









USS ENTERPRISE, At Sea — Only seconds after an F/A-18 Super Hornet streaks across the sky, dirt and rocks erupt in a plume of fire and smoke as a 500-pound bomb explodes above the bombing range where USS Enterprise's air wing is conducting drills in preparation for deployment.

This is the picture Enterprise looks forward to creating in a few weeks as Carrier Strike Group 12 (CCSG 12) begins the upcoming Composite Training Unit Exercise (COMPTUEX), an exercise designed to evaluate the ability of the strike group to work in tandem.

Although Navy aircraft carriers are well armed with missile defense systems and gun mounts, the true fangs and talons of Enterprise are the missiles and bombs carried by its aircraft, each one carefully built and mounted by personnel from Big E Weapons department's G3 division. Before COMPTUEX can begin, however, Weapons department must undergo the second phase of the Conventional Ordnance Safety Review (COSR), an inspection designed to make sure that proper handling procedures are being followed in the stowage, movement, assembly and installation of ordnance carried aboard the ship.

The first COSR inspection was completed May 2010 and evaluated ordnance-handling facilities and administrative procedures onboard Enterprise before ordnance could be loaded onto the ship. In the second phase of COSR, approximately 85 percent of Enterprise's full ordnance load must be on board to evaluate the effectiveness of the explosive safety program.

With the training and deployment schedule of Enterprise and the rest of CCSG-12 dependant on the outcome of COSR, Aviation Ordnanceman 1st Class (AW/SW) Arthur D. Gray, the leading petty officer (LPO) for the G3 division of Weapons department, is doing everything he can to make sure that his department is ready.

"We are constantly training, over and over again," said Gray. "To do well on this inspection, everyone must be properly trained and all safety protocols must be followed." Gray takes particular pride in his department and works hard to make sure that his Sailors succeed. In addition to his responsibilities as G3's LPO, he is part of a team that trains the entire department in ordnance handling and is the Weapons Department Quality Assurance Safety Observer for all conventional ordnance aboard USS Enterprise.

For Gray, who hopes to see at least half of the 40 airmen in his division advance to the rank of petty officer third class after the next evaluation, training is nothing new. Regardless of the upcoming inspection, Gray's Sailors would be studying and training to become more proficient at their jobs than any other ordnancemen in the Navy. Despite Enterprise's recent emergence from an extended shipyard period at Northrop Grumman Shipbuilding, Newport News, many ordnancemen who have never been on a deployment are as trained and capable as any of their more experienced counterparts.

"Inexperience doesn't hurt us a bit," said Gray. "My guys were well trained in [apprenticeship] school, and they're eager to show what they can do. We also have a pretty arduous training schedule. Everyone carries a training manual at all times and studies at every opportunity. If I see any of my guys in the chow line without it, I send them to the back of the line."

With the Enterprise ordnancemen as sharp and motivated as they are, Gray has no doubt that they will do as well in the second phase of the COSR inspection as they did in the first one.

"We're solid," said Gray. "We've been training and preparing to get to this day. We blew all of the other inspections out of the water, and if this one were to come tomorrow, we'd pass."

Enterprise is at sea conducting work-ups in preparation for its 21st deployment. For more information about USS Enterprise, Carrier Strike Group 12 or Carrier Air Wing One visit www.Enterprise.navy.mil, www.ccsg12. surfor.navy.mil, and www.cvw1.navy.mil. You can also visit www.news. navy.mil/local/cvn65.

## SAILOR & MARINE OF THE DAY



## Photo by Mass Communication Specialist 3rd Class Jeffry A. Yeoman 2nd Class (SW)

Q: Why did you join the Navy?

Jason M. Luzak

A: "To be in a better position to finish my degree."

Q: What is the most rewarding aspect of your job?

A: "That people know to come to me if they need help."

Q: What do you do in your spare time?

A: "I enjoy writing music and essays and also studying."

#### Corporal Loies P. Loyola

Q: Why did you join the Marine Corps?

A: "I joined to better myself as a whole and to instill discipline and good order into my life."

Q: What is the most rewarding aspect of your job?

A: "The most rewarding aspect is leading junior enlisted warriors and helping them progress personally and professionally."

Q: What do you do in your spare time?

A: "I like taking the Jeep off-roading or mudding."



## Message in a Bottle Letters home from the Atlantic

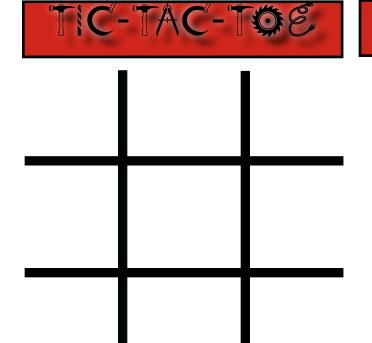
## [the following is an excerpt from a letter written by: CSSN Ryheem R. Lumpkins]



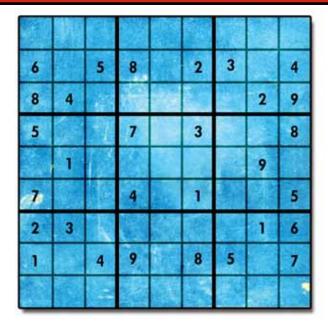
Photo by Mass Communication Specialist 3rd Class Robert Guerra

### "Dear Mom,

Hey, how is it going at home? It almost seems like a recent dream to me, but it was two years ago when I left home to join the Navy. We were sitting at the kitchen table the night before I left. Do you remember? I do. I remember you telling me that no matter what I do in life to remember to always put God first in whatever I do because he won't ever give me anything I can't handle. You said not to forget where I came from and how I was raised. Even though things get rough here sometimes, I try to make you proud. You also said the most important thing: not to forget to send some money home because Rakim needs some new school shoes ... Yeah, that was a good day. I love you, and I can't wait to see you when I get home. With love, your first son."



## SUDORU



## CROSSWORD PUZZLE

1	2	3			4	5	6			7	8	9
10		+	11		12		+	13	1.	14	+	+-
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			39				40					+
41	42	43		1		44						
45		-		46	47				48	49	50	51
52	+-	-		53					54	+		+
55	1.	+-			56	+	+-			57	-	+-

#### Across

- 1. " Only Love"
- 4. DEG. in business
- 7. Society gal
- 10. "Shrek" star Cameron
- 12. Handle
- 13. Born as
- 14. Heavenly dessert? (3 wds.) 52. Shoe front
- 17. Eden \_
- 18. Bring to court
- 19. Air problem
- 21. Corn spikes
- 24. Not that
- 25. Elevate
- 28. Select
- 30. Go on a pension (abbr.)
- 31. Treats for the dog
- 32. Fisherman's need
- 34. Erie, e.g.
- 35. Christmas trees

#### Down

- 1. Boise's state (abbr.)
- Sardine holder
- 3. Wither
- 4. Trio after L
- Bronx cheers
- Seizes
- Heredity initials
- Scared one's shout
- 9. Seinfeld's "\_\_\_ Movie"
- 11. Ciphers
- 12. Col. Sander's outfit
- 15. Nautical diary
- 16. Company exec (abbr.)
- 19. Clip
- 20. Actress Gaynor
- 22. Russia's Yeltsin
- 23. Athletic game

- 36. Puerto\_
- 38. Basis
- 39. Stop
- 41. "The Raven" poet
- 42. June speech giver
- 49. Large primate
- 50. Retirement accounts (abbr.)
- 53. Predictor's claim (abbr.)
- 54. Forget-me-\_\_

- 24. Make an attempt
- 25. Mauna
- 26. Pen filler
- 27. Stipend
- 29. Football coups (abbr.) 31. Dagwood's wife
- 35. Blazing
- 37. So-so grade
- 38. Muck
- 40. SSW and ENE, e.g.
- 41. Liquid measures (abbr.)
- 42. Factory tub
- 43. GI's address (abbr.)
- 44. Actress Grant
- 45. Tooth cover
- 46. Charged atom
- 47. Much confusion
- 48. Singer "King" Cole